

High School April 2019 Menu

Side Lines:

Monday:

Pizza or
Popcorn Chicken or
Corn Dogs or Hot Pockets

Tuesday:

Beef or Chicken Nachos or
Burritos or Quesadillas

Wednesday:

Chicken Tenders or Chicken
Fried Steak or Drumsticks or
Hot Pockets

Thursday:

Country or Asian Bowl or
Corn Dogs

Friday:

CFS Burger or Hot Pocket or
Cheeseburgers, or
Chicken Burgers

Every Day: Biscuit & Sausage
or Muffin & Sausage or French
Toast or Cinnamon Roll or
Fruital or Pancake on a Stick or
Breakfast Pizza

Includes : Choice of Fruit or
Juice and Variety of Milk

<p>1. Chicken Burger or Spicy Chicken Fries Seasoned Fries Lettuce and Tomatoes Fruit Cup Fresh Fruit</p>	<p>2. Lasagna w/Garlic Bread or Pizza Pocket Peas & Carrots Pinto Beans Fresh Fruit Fruit Cup</p>	<p><u>3. Breakfast for Lunch</u> Egg & Sausage or Chicken Strips Pancake Seasoned Fries Carrot Sticks Fruit Cup Fresh Fruit</p>	<p>4. Enchiladas or Taco Salad Refried Beans Salsa Tossed Salad Fresh Fruit Fruit Cup</p>	<p>5. Cheese Sticks or Chicken Cordon Bleu Broccoli Scalloped Potatoes Carrot Sticks Fruit Cup Fresh Fruit</p>
<p>8. Chicken Fried Steak w/ Hot Roll or Chicken Rings Mashed Potatoes w/Gravy Broccoli Fresh Fruit Fruit Cup</p>	<p>9. Chicken or Beef Nachos Refried Beans Tossed Salad Salsa Fruit Cup Fresh Fruit</p>	<p>10. Pork Chops or Meatloaf Both w/ Hot Roll Green Beans California Veggies Carrot Sticks Fresh Fruit Fruit Cup</p>	<p>11. Grilled Chicken Sandwich or Spaghetti w/Garlic Bread Seasoned Carrots Purple Hull Peas Fruit Cup Fresh Fruit</p>	<p>12. Cheese or Pepperoni Pizza Corn English Peas Fresh Fruit Fruit Cup</p>
<p>15. Chicken Tenders or Drumstick Both w/ Hot Roll Mashed Potatoes w/Gravy Green Beans Fruit Cup</p>	<p>16. Sriracha Honey Chicken w/Hot Roll or Egg Rolls Japanese Veggies Broccoli Carrot Sticks Fresh Fruit</p>	<p>17. Chili Cheese Burrito or Frito Chili Pie Pinto Beans Sweet Potato Fries Fruit Cup Fresh Fruit</p>	<p>18. Chicken Alfredo w/ Hot Roll or BBQ Chicken Roasted Cauliflower Seasoned Carrots Fresh Fruit Fruit Cup</p>	
	<p>23. Fish w/ Hot Roll or Turkey & Cheese Croissant English Peas French Fries Lettuce & Tomato Fruit Cup Fresh Fruit</p>	<p>24. Walking Taco or Enchiladas Refried Beans Salsa Garden Salad Fresh Fruit Fruit Cup</p>	<p>25. Chicken and Waffles or Pancakes and Sausage w/Syrup Seasoned Fries Sliced Carrots Fruit Cup Fresh Fruit</p>	<p>26. Pizza, Cheese Bites w/ Marinara Sauce or Chef Salad w/ toasty bread sticks Spinach Salad California Veggies Fresh Fruit</p>

An alternative breakfast of cereal and toast is served daily! A variety of fruits, vegetables, and milks are served with every meal!