

September 2010

North Lamar ISD High School Lunch Menus



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 Labor Day Holiday	7 <i>Pepperoni Pizza OR Burrito w/Cheese, Corn, Tossed Salad, Mixed Fruit, Milk</i>	8 <i>Taco Salad OR Enchiladas, Pinto Beans Spanish Rice, Apple Wedges, Milk</i>	9 <i>Chicken Nuggets or Steak Fingers, Mashed Potatoes, Peas, Apple Sauce, Wheat Bread, Milk</i>	10 <i>Cheese Burger OR Deli Ham Sandwich , Lettuce, Tomato & Pickle, Oven Fries, Chocolate Pudding Ani- mal Cookies, Milk</i>	11
12	13 <i>Homemade Cheese or Pepperoni Pizza, Italian Salad, Fresh Fruit, Milk</i>	14 <i>Beef Sliders, Sea- soned Fries, Pickles, Corn on the Cob, Fresh Fruit, Brownie, Milk</i>	15 <i>Country Bowl— Mashed Potatoes & Corn, Gravy, Crispy Popcorn Chicken, Hot Roll, Fresh Fruit, Milk</i>	16 <i>Burrito—Rice, Refried Beans, Sea- soned Beef, Black Olives, Onions, Sour Cream Onions, Jala- penos & Salsa, Milk</i>	17 <i>Ham & Cheese Sub w/Chips OR Stuffed Baked Potato, Lettuce, Tomato & Pickles, Frozen Fruit Dessert, Milk</i>	18
19	20 <i>Lasagna or Pizza Pocket, Garlic Bread, Steamed Vegetables, Fruit Dessert, Milk</i>	21 <i>Mascot Burger or Chicken Burger, Let- tuce, Tomato & Pick- les, Tots, Fresh Fruit, Cookie, Milk</i>	22 <i>Corn Dog or Foot Long, Macaroni & Cheese, Steamed Veg- gies, Fresh Fruit, Milk</i>	23 <i>Nachos—Taco Meat, Cheese Sauce, Black Olives, Onions, Sour Cream, Refried Beans, Lettuce, Tomato Rice, Fruit, Milk</i>	24 <i>Kolaches w/Chips or Stuffed Baked Po- tato, Macaroni Salad, Veggie Dippers, Man- darin Oranges, Milk</i>	25
26	27 <i>Homemade Cheese or Pepperoni Pizza, Italian Salad, Fruit Dessert, Milk</i>	28 <i>Chicken Sliders, Pickles, Lettuce and Tomato, Seasoned Fries, Strawberries & Cream, Milk</i>	29 <i>Chicken Strips or Crispy Chicken Salad, Hot Roll, Mashed Pota- toes, Steamed Veggies, Jell-o W/ whipped Cream, Milk</i>	30 <i>Taco Bar 3 Tacos with Taco Meat, Lettuce Tomato, Salsa, Jalape- nos, Sour Cream, Rice, Fruit Milk</i>	1 <i>Pop Corn Chicken with Fries OR Crispy Chicken Salad, Bread Stick, Fruit Cup, Milk</i>	