

# September 2010

## North Lamar ISD Elementary School Lunch Menus



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<i>1 Corn Dog or Grilled Cheese, Alphabet Soup, Carrot Sticks, Orange Slices, Milk</i>	<i>2 Steak Fingers or Chicken Nuggets, Mashed Potatoes, Green Beans Peaches, Hot Roll, Milk</i>	<i>3 Hot Dog or Hamburger, Lettuce, Tomato &amp; Pickle, Tater Tots, Mixed Fruit, Cooke, Milk</i>	<i>4</i>
<i>5</i>	<i>6</i> <b>Labor Day Holiday</b>	<i>7 Pepperoni Pizza or Burrito w/Cheese Stick, Corn, Tossed Salad, Mixed Fruit, Milk</i>	<i>8 Taco Salad or Enchiladas, Pinto Beans, Spanish Rice, Apple Wedges, Milk</i>	<i>9 Chicken Nuggets or Steak Fingers, Mashed Potatoes, Peas, Applesauce, Wheat Brad, Milk</i>	<i>10 Cheeseburger or Deli Ham Sandwich, Lettuce, Tomato &amp; Pickle, Oven Fries, Chocolate Pudding, Animal Cookies, Milk</i>	<i>11</i>
<i>12</i>	<i>13 Cheese Pizza or Spaghetti, Corn, Tossed Salad, Apple Wedges, Milk</i>	<i>14 Grilled Cheese or Ham &amp; Cheese Sub, Vegetable Soup w/ Crackers, Pickles, Pears, Milk</i>	<i>15 Tacos or Nachos, Pinto Beans, Spanish Rice, Applesauce, Milk</i>	<i>16 Lasagna or Pepperoni Pizza, Corn, Carrot Sticks, Mixed Fruit, Milk</i>	<i>17 Hamburger or Corn Dog, Tater Tots, Lettuce, Tomato &amp; Pickles, Strawberries &amp; Bananas, Milk</i>	<i>18</i>
<i>19</i>	<i>20 Corn Dog or Hot Dog, Baked Beans, Baked Potato Wedges, Orange Smiles, Milk</i>	<i>21 Chicken Nuggets or Steak Fingers, Mashed Potatoes, Corn, Mixed Fresh Fruit, Hot Roll, Milk</i>	<i>22 Fish Nuggets or Corn Dog, tossed Salad, Peas, Apple Wedges, Milk</i>	<i>23 Cheese Pizza, or Nachos, Ranch Style Beans, Peaches, Animal Crackers, Milk</i>	<i>24 Hamburger or Ham &amp; Cheese Sub, Lettuce, Tomato &amp; Pickle, Vegetable Soup, Mixed Fruit w/Topping, Milk</i>	<i>25</i>
<i>26</i>	<i>27 Deli Ham &amp; Cheese or Grilled Cheese, Tater To, Pickle Spears, Applesauce, Milk</i>	<i>28 Taco Salad or Nachos, Corn, Carrot, Sticks w/Dip, Peaches, Milk</i>	<i>29 Fish Nuggets or Corn Dog, Tossed Salad, Peaches, Apple Wedges, Milk</i>	<i>30 Sloppy Joe or Turkey on Wheat, Pickles, Tomato &amp; Goldfish Pasta Soup, Cookie, Milk</i>	<i>1 Pizza or Hot Dog, Baked Beans, Celery &amp; Carrot Sticks w/ Dip, Pears, Milk</i>	