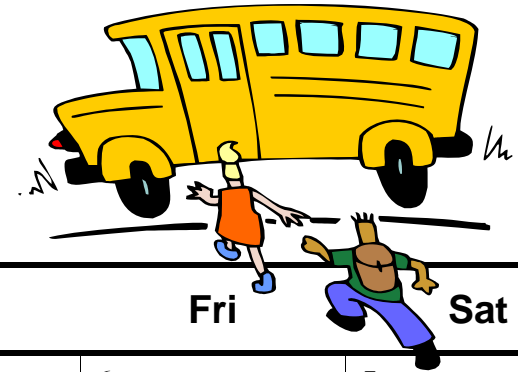


August 2010

North Lamar ISD
Elementary School
Lunch Menus



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23 <i>Deli Turkey on Wheat or Pepperoni Pizza, Lettuce, Tomato & Pickle, Apple Wedges, Milk</i>	24 <i>Chicken Nuggets or Steak Fingers, Baked Potato Wedges, Peaches, Wheat Bread, Milk</i>	25 <i>Corn Dog or Hot Dog, Pork 'n' Beans, Carrot Sticks w/Dip, Mixed Fruit Cup, Milk</i>	26 <i>Hamburger or Ham & Cheese on Wheat, Tater Tots, Lettuce, Tomato and Pickle, Pears, Milk</i>	27 <i>Cheese Pizza or Beef/Bean Burrito, Cheese Stick, Corn, Tossed Salad, Apple-sauce, Milk</i>	28
29	30 <i>Corn Dog or Grilled Cheese, Alphabet Soup, Carrot Sticks, Orange Slices, Milk</i>	31 <i>Steak Fingers or chicken Nuggets, Mashed Potatoes, Green Beans, Peaches Hot Roll, Milk</i>	1 <i>Cheese Pizza or Lasagna, Corn, Tossed Salad, Pears, Bread Sticks, Milk</i>	2 <i>Hot Ham & Cheese or Bologna Sandwich, Pork 'n' Beans, Carrot & Celery Sticks, Pears, Milk</i>	3 <i>Hot Dog or Hamburger, Lettuce, tomato & Pickle, Tater tots, Mixed Fruit, Cookie, Milk</i>	